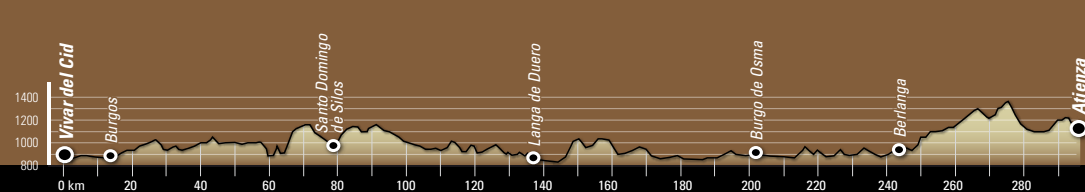




El Destierro CAMINO DEL CID

MTB route guide Camino del Cid



We invite you to follow El Cid into exile, accompanying him on his journey from Vivar del Cid – his hometown – to the magical Castle of Atienza, in Guadalajara. Cross through the medieval border of the river Duero and follow his steps along the valleys and mountain ranges in the provinces of Burgos, Soria and Guadalajara.

Follow El Cid into exile

This route recreates the route taken by El Cid on the first days of his exile, as narrated in El Cantar. It includes, additionally, other passages from the poem, as for example Afrenta de Corpes. El Cid, who left Vivar with a company of knights, was required by royal decree to abandon Castile within 9 days. Before the deadline, El Cid took his wife and daughters to the monastery of San Pedro de Cardeña, he purchased a stock of supplies and he included new knights and soldiers to his reduced company. Although El Cid left Castile through Sierra de Pela, which currently separates Soria from Guadalajara (in the year 1081 this was a naturally occurring barrier between the kingdom of Castile and of Toledo), our route ends in the following major city centre; that is, in “Muslim territory”: the historical village of Atienza, built on a military square of Andalusian origin that was of great importance in the 10th and 11th centuries.

▼ El Burgo de Osma

What there is to see?

There are six Protected Natural Areas, among which it is possible to highlight the Juniper groves in the **mountain ranges in Arlanza** and **La Yecla** (a gorge shaded by limestone cliffs in the road on the way out from Silos which is worth the visit), and an area in Soria along the **river Duero** that is of great environmental value and was also of great geopolitical importance during the Middle Ages. In the stretch of route in between Langa de Duero and Berlanga de Duero there are the following places of interest: **watchtowers and castles**; the impressive **Caliphate-style fortress in Gormaz**, where El Cid was a governor; the Castilian monasteries of **San Pedro de Cardeña** and **Santo Domingo de Silos**; mythical places in the history of El Cid such as Vivar del Cid, San Pedro de Cardeña, Castillejo de Robledo, San Esteban de Gormaz or Burgos, whose cathedral –which is catalogued as a World Heritage Site– contains the mortal remains of El Cid; the Romanesque cloister of Santo Domingo de Silos as well as other interesting **rural Romanesque** samples, which may be found in over a dozen towns; small and pleasant medieval towns such as Covarrubias, Santo Domingo de Silos, Langa de Duero, San Esteban de Gormaz, El Burgo de Osma, Berlanga de Duero and Atienza, all of which have been declared **Historic and/or Artistic Site**.

DATA	Distance	296 km	Cumulative ascent	4.180 m	MTB trail	Yes
	Physical difficulty	Medium	Cumulative descent	3.800 m	Signposting	Red markers
	Technical difficulty	Low	Estimated time	5/6 days	IBP	Degree of difficulty 72

Signposting

El Destierro is signposted with **red and white markers** in the stretches recognized as GR-160 and with a **double red marker** in the remainder of the route. In some of the stretches where *cycling* is tough, an alternative **MTB trail** is signposted. If you encounter a MTB stretch, **ignore hiking signposts and follow the MTB signposts**, for these markers will lead you through an easier and more comfortable trail.

	Continuity trail	Wrong direction
GR 160 stretch (footpath)		
Non-GR stretch (footpath)		
MTB stretch		

	E	F	M	A	M	J _N	J _L	A	S	O	N	D
Average temperature Máx/Min	6,7°	8,9°	12°	13,3°	17,2°	22°	26,4°	26,7°	22,9°	16,5°	10,7°	7,6°
	-1,2°	-0,6°	0,6°	2,2°	5,6°	8,4°	11°	11,1°	8,5°	5,3°	1,6°	0,3°
Amount of daylight hours / day	09:23	10:33	11:55	13:23	14:36	15:14	14:59	13:54	12:30	11:05	09:47	09:06
Average rainfall	46	42	31	65	69	46	30	27	36	50	56	57

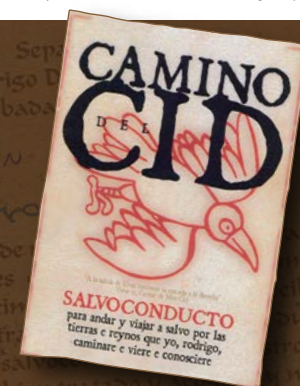
Monthly weather average for the city of Burgos, which may be used as a reference all along the journey

The Passport (a modern letter of safe-passage)

The Passport is the identification used by travellers to collect stamps from the towns and villages along their way. If the identification is shown at any of the 200 accommodation facilities belonging to the route, you can get a minimum of 10% off. The Passport is free and you can get one either at a Tourist Office or at our office:



Consorcio Camino del Cid
C/ Madrid 24, 09002 Burgos
info@caminodelcid.org
Tel.: 947 256 240



BURGOS

BURGOS
 CONSORCIO CAMINO DEL CID: C/ Madrid, 24 - 947256240
 OFICINA DE TURISMO: C/ Nuño Rasura, 7 - 947288874
 OFICINA DE TURISMO CYL: Pl. Alonso Martínez, 7 bajo - 947203125
 MUSEO MILITAR: Pl. Alonso Martínez, s/n - 947478913
 HR*** CARDEÑA: C/ San Pedro Cardena, 50 - 947491780
 H RICE BULEVAR: C/ Bonifacio Zamora de Usabel, 1 - 947257633
 H** PUERTA ROMEROS: C/ San Amaro, 2 - 947462012
 H MARÍA LUISA: Avda. del Cid Campeador, 42 - 947228000
 H RICE PALACIO DE BLASONES: C/ Fernán González, 6 - 947271000
 H**** CORONA DE CASTILLA: C/ Madrid, 15 - 947262142
 H CAMPUS TAVERN: C/ Las Infantas, 1-2 - 947462030
 HSR** IRUÑAKO: Ctra. Madrid-Irún, km 245,5 Villafria - 947484126
 HR*** CORDÓN: C/ La Puebla, 6 - 947265000
 H**** MESÓN DEL CID: Pl. Santa María, 8 - 947208715
 HSR** ACUARELA: C/ Guardia Civil, 7 - 947205050
 HR** LAS VEGAS: Ctra. Madrid-Irún, Km 245 Villafria - 947484453
 HS TEMIÑO: C/ Concepción, 14 - 1º Izq. Esc. Dcha - 660297820
 HS LAR: C/ Cardenal Benlloch, 1 - 947209655
 HS VÍA LÁCTEA: C/ Villadiego, 16 - 947463211
 HS MANJÓN: C/ Gran Teatro, 1-7 - 947208689
 ALBERGUE HS BURGOS: C/ Miranda, 4 - 947250801/654492979

COVARRUBIAS

OFICINA DE TURISMO: C/ Monseñor Vargas, 1 - 947406461
 AYUNTAMIENTO: Pl. Doña Urraca, 1 - 947406487
 H REY CHINDASVINTO: Pl. del Rey Chindasvinto, 5 - 947406560
 HR** DOÑA SANCHA: Avda. Victor Barbadillo, 31 - 947406400
 H PRINCESA KRISTINA: C/ Fernán González, 8 - 618720072
 P CASA GALÍN: Pl. Doña Urraca, 4 - 947406552
 T. FERNÁN GONZÁLEZ: Pl. Dª Sancha, 6 - 677534267/630928906
 CR PALACIO DE YASMÍN: C/ San Roque, 30 - 947406587/637170394

CUBILLO DEL CAMPO

BAR LA PLAZA: C/ La Montaña, 77 - 947560795/620647795

HUERTA DE REY

BAR VILLAREAL: C/ Arias de Miranda, 53 - 947388048
 HS CAMINO DEL CID: C/ Arias de Miranda, 89 - 659217877

LOS AUSINES

CANTINA SOPEÑA: C/ Mayor, 19 - 649396506

MECERREYES

AYUNTAMIENTO: C/ La Iglesia, 25 - 947403001 / 947403102
 CANTINA: C/ Dª Urraca, 25 - 947403086 / 639049386

MODÚBAR DE SAN CIBRIÁN

CR LA BERCA DE JIMENA: C/ Rosario, 86 - 637853566

QUINTANARRAYA

BAR CASA DE LA VILLA: C/ Las Escuelas, 8 - 685578106
 CASA DEL PEREGRINO: C/ Las Escuelas, 8

SAN PEDRO DE CARDEÑA

PORTERÍA DEL MONASTERIO: 947290033.

SANTO DOMINGO DE SILOS

OFICINA DE TURISMO: Pl. Mayor, 1 - 947390070
 PORTERÍA: Abadía de Santo Domingo de Silos - 947390049
 H** ARCO DE SAN JUAN: C/ Pradera de San Juan, 1 - 947390074
 HOSPEDE. CONVENTO S. FRANCISCO: C/ Las Eras, s/n - 947390010
 H SANTO DOMINGO DE SILOS: C/ Santo Domingo - 947390053
 H TRES CORONAS DE SILOS: Pl. Mayor, 6 - 947390047
 HOTEL SILOS 2000: C/ Santo Domingo de Silos, s/n - 947390132
 CTR POSADA VILLA DE SILOS: Pl. Mayor, 10 - 947390017 / 686435241

VIVAR DEL CID

CR LA CASA DEL HUERTO Camino del Destierro, 12 616498690
 CTR LA MORADA DEL CID Avda. del Cid, 20 687592830
 MOLINO DEL CID 947292016 / 619359904
 CANTINA DEL CID C/ Álvaro Fañez, 2 / 947292058

SORIA

AGUILERA
 SALÓN SOCIAL: C/ Real, 11 - 975183518/627431956
ALCUBILLA DE AVELLANEDA
 BAR: C/ Real, s/n - 975357681
 CR MARQUESA DE TAVIRA: C/ Real, 47 - 615826895
BERLANGA DE DUERO
 OFICINA DE TURISMO: Pl. del Mercado, s/n - 975343433
 AYUNTAMIENTO: Plaza Mayor, 2 - 975343011
 POSADA LOS LEONES: C/ Los Leones, s/n - 975343155 / 608123288
 HOSTAL AINOA: C/ Real, 2 - 975343523 / 666181888
 HR VILLA DE BERLANGA: Pl. San Andrés, 4 - 975368442/635238800
 HOTEL LAS CASAS DE PANDREULA: Pl. San Andrés, 9 - 975368491
BURGO DE OSMA - OSMA
 OFICINA DE TURISMO: Plaza Mayor, 9 - 975360116
 HS** EL FIELATO: Avda. Juan Carlos 1 - 975368236
 HS MAYOR 71: C/ Pedro Soto, 4 - 975368024
 APARTAMENTOS REAL ALFOLÍ: C/ Pedro Soto, 6 - 975368024
 HOSTAL LA PERDIZ: C/ Universidad, 33 - 975340309/679476840
 HOSTAL EL MIRADOR: C/ Marqués de Vadillo, 10 - 975360408
 HOTEL RÍO UCERO: Avda. Juan Carlos I, s/n 975341278
 APTOS. ARGALÁ: C/ Alharides, 27 - 975360071/656970027

CASTILLEJO DE ROBLEDO

AYUNTAMIENTO: C/ Erilla, 1 - 975355029
 CR EL ROBLEDAL: C/ La Iglesia, s/n - 615293951
 HS** VENTA DE CORPES: C/ Real, 33 - 975355066
 CR ISABEL Y FERNANDO: C/ La Erilla, 12 - 975355074/610672190
 CR LA SABINA: C/ Dª Gregoria Arranz, 6 - 975186080

GORMAZ

BAR ANTIGUO LAVADERO: Antiguo Lavadero - 645338346
 ALBERGUE EL CID: Pl. Real, 1 - 975183473

LANGA DE DUERO

AYUNTAMIENTO: C/ Real, 15 - 975353001
 CR VALLE DEL DUERO: C/ del Río, 63 - 609677679
 H RIBERA DE LANGA: C/ Real, 56 - 975353377 / 676795577
 CR CASA GAÑÁN: C/ San Blas, 30 - 660327475

MIÑO DE SAN ESTEBAN

AYUNTAMIENTO: Pl. Iglesia, 18 - 975356315

RETORTILLO DE SORIA

HOSTAL LA MURALLA: C/ La Fuente, 46 975345053
 ALBERGUE RETORTILLO: C/ Corrales Muralla, 14 699867933

SAN ESTEBAN DE GORMAZ

OFICINA DE TURISMO: Pl. del Frontón s/n - 975350292
 CR EL RINCÓN DE ELENA: C/ Mayor, 119 bis - 975350101/ 686467600
 H RIVERA DEL DUERO: Avda. Valladolid, 131 - 975350059
 HOSTAL MORENO: Avda. Valladolid, 1 - 975350217

VALDANZO

TIENDA/ BAR: Pl. Fulgencio de Miguel, 3 - 975353485

ZAYAS DE TORRE

AYUNTAMIENTO: 696782815 (llamar antes de ir)

GUADALAJARA

ATIENZA

OFICINA DE TURISMO: C/ Héctor Vázquez, 2 - 949399293
 AYUNTAMIENTO: Plaza de España, 11 - 949399001
 BAR HOGAR DEL JUBILADO: 630136798
 HS EL MIRADOR: C/ Barruelo, s/n - 949399038/659643084
 H CONVENTO SANTA ANA: C/ Berlanga, 4 - 949399300 / 677994483

MIEDES DE ATIENZA

AYUNTAMIENTO: C/ Plaza Mayor, 1 - 949396521



Tips and Trail Etiquette

- ▶ Do not set-off without the **tracks** and **topo-guides**.
- ▶ **Respect signposting** and remember that signs belong to all of us.
- ▶ Avoid surprises by **booking accommodation in advance**.
- ▶ Along your way you shall pass through lonely areas: **plan food and repair gear**.
- ▶ Respect **gates and fences** that block access.
- ▶ Wear reflective gear and make yourself as **visible** as you can in the forest.
- ▶ Remember this challenge is not a race: be aware of your own **strength and ability** and do not extend the length of daily sections unnecessarily.
- ▶ Be aware that **rain** or leafy **vegetation** during spring may make cycling tougher along certain stretches.
- ▶ Keep the **topo-guide** either on your person or at an easy-to-reach distance and consult it if any mishap occurs.
- ▶ Wear a **helmet**.

CAMINO DEL CID
 ego rudo ríco

LUGAR SELLADO
SALVOCONDUCTO

- Services**
- Passport stamp
 - Accommodation (hotel, rural tourism...)
 - Punto de acogida
 - Tourist office
 - Pharmacy
 - Railway station
 - Bicycle repair shop
- Sections (296 km)**
- ▶ Vivar del Cid - Burgos (13 km)
 - ▶ Burgos - Santo Domingo de Silos (63,6 km)
 - ▶ Santo Domingo de Silos - Langa de Duero (61,5 km)
 - ▶ Langa de Duero - El Burgo de Osma (63,4 km)
 - ▶ El Burgo de Osma - Berlanga de Duero (42,8 km)
 - ▶ Berlanga de Duero - Atienza (52,1 km)



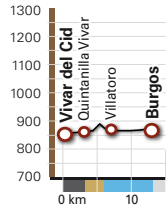
El Destierro 1

Vivar del Cid - Burgos

MTB route guide Camino del Cid

Edition 2020

UTM Desambiguo



Trail / path Footpath Pavement Cycle lanes

DATA

- Distance 13 km
- Physical difficulty Low
- Technical difficulty Very low
- Cumulative ascent 70 m
- Cumulative descent 60 m
- Estimated time 1 h 10 m
- MTB trail No
- Signposting Red markers
- IBP Degree of difficulty 6

Vivar del Cid
(population: 238)



Km 0

1,6 km

Quintanilla Vivar

(population: 565)

Km 1,6

5,7 km

Villatoro

(population: 1.262)

Km 7,3

BURGOS

(population: 170.441)

Km 13

In the area surrounding the cloister of the nuns of the St. Clare's Order, there is a small milestone that indicates the starting point of the route (Mile 0). Not far from this site, there is a commemorative monument of the medieval knight, whose figure shall accompany the traveller all along his/her journey. Leave the town riding along *Calle Carrimoza*, where there is an arrow (km 0.4) pointing towards the route, which leads to **Quintanilla Vivar**. The route stretches until road *N-623 (Burgos-Santander)*, where there is a directional arrow (km 1.1). Cross the road so as to continue along a paved path leading to **Quintanilla Vivar** (km 1.4).

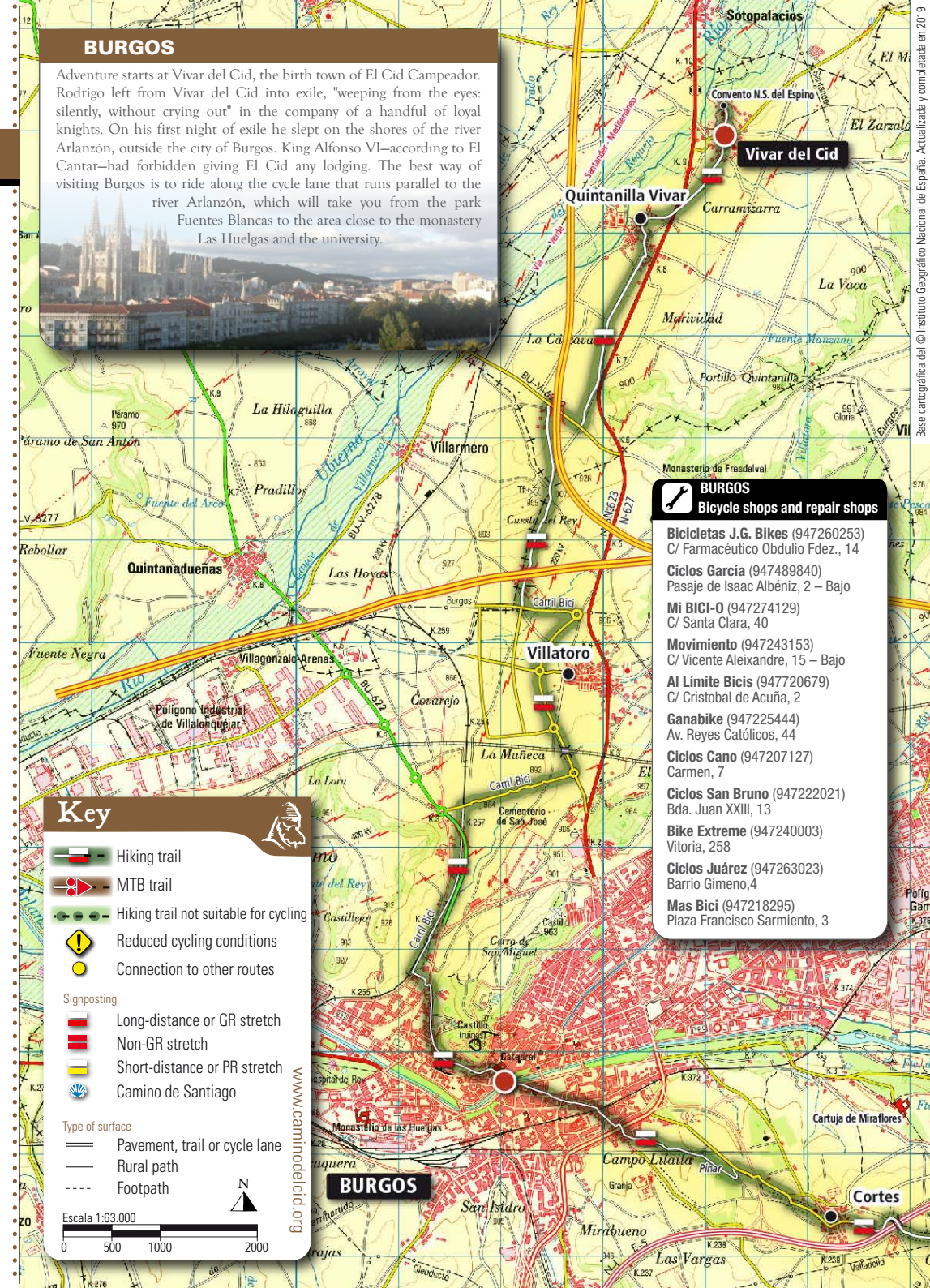
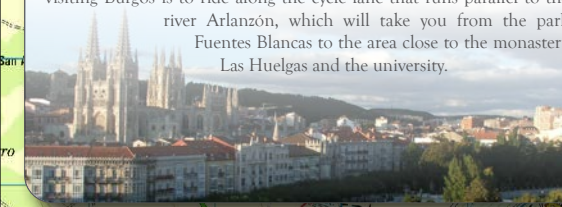
Starting at *Calle camino de Cercanías* take the path to the right (km 1.8), which initially runs parallel to road *N-623*, until reaching road *BU-V 6279* (km 3.7) and stay on the right side along 350 m. Immediately after crossing the bridge under the highway (km 4.1), take the path to the left, which ascends towards the hill *Cuesta del Rey*. The path leads to a ring road encircling Burgos (*BU-30*), which can be crossed (km 5.7) through an authorised crossing point. You will soon reach an industrial park. In *Calle Valle de Losa* (km 6.1), take the **cycle lane** on the left until a roundabout, which is next to the *main road* (km 6.6). Continue cycling towards the right, along *Calle Laredo*, until reaching another roundabout where there is a copy of a dinosaur (km 7.3). Travellers may consider the possibility of altering the course of their route so as to visit **Villatoro**, which is only 200 m apart.

Continue riding southwards along the **cycle lane** that runs along *Calle Laredo* until reaching a roundabout (km 8) and then continue straightforward until crossing under the railroad bridge (km 8.3). After riding 100 m, at a roundabout, turn right to *Calle Afoz de Bricia*. Ride along this road until reaching another cycle lane (km 9.6) that runs along an old train line. Cross the tunnel, leaving the cemetery to your left and you will soon arrive to **Burgos**, reaching the city through a neighbourhood called *San Pedro*. Ride along *Calle de Francisco Salinas* towards *Solar del Cid* and then descend to a church called *Santa Águeda*. You will soon reach the cathedral.

Section 1 is an introductory section involving no difficulty. It is one of the most highly symbolic stretches of the route because there are many references to El Cid Campeador, whose origins lie in this area. In Burgos travellers can enjoy the city's magnificent historical and artistic heritage and will also have time to finalize details and gather supplies before setting off. In Burgos there is a cultural thematic route based on El Cid.

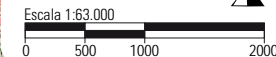
BURGOS

Adventure starts at Vivar del Cid, the birth town of El Cid Campeador. Rodrigo left from Vivar del Cid into exile, "weeping from the eyes: silently, without crying out" in the company of a handful of loyal knights. On his first night of exile he slept on the shores of the river Arlanzón, outside the city of Burgos. King Alfonso VI—according to El Cantar—had forbidden giving El Cid any lodging. The best way of visiting Burgos is to ride along the cycle lane that runs parallel to the river Arlanzón, which will take you from the park Fuentes Blancas to the area close to the monastery Las Huelgas and the university.



Key

- Hiking trail
- MTB trail
- Hiking trail not suitable for cycling
- Reduced cycling conditions
- Connection to other routes
- Signposting
 - Long-distance or GR stretch
 - Non-GR stretch
 - Short-distance or PR stretch
 - Camino de Santiago
- Type of surface
 - Pavement, trail or cycle lane
 - Rural path
 - Footpath



BURGOS

Bicycle shops and repair shops

- Bicicletas J.G. Bikes** (947260253)
C/ Farmacéutico Obdulio Fdez., 14
- Ciclos García** (947489840)
Pasaje de Isaac Albéniz, 2 – Bajo
- Mi BICI-O** (947274129)
C/ Santa Clara, 40
- Movimiento** (947243153)
C/ Vicente Aleixandre, 15 – Bajo
- Al Límite Bicis** (947720679)
C/ Cristobal de Acuña, 2
- Ganabike** (947225444)
Av. Reyes Católicos, 44
- Ciclos Cano** (947207127)
Carmen, 7
- Ciclos San Bruno** (947222021)
Bda. Juan XXIII, 13
- Bike Extreme** (947240003)
Vitoria, 258
- Ciclos Juárez** (947263023)
Barrio Gimeno, 4
- Mas Bici** (947218295)
Plaza Francisco Sarmiento, 3



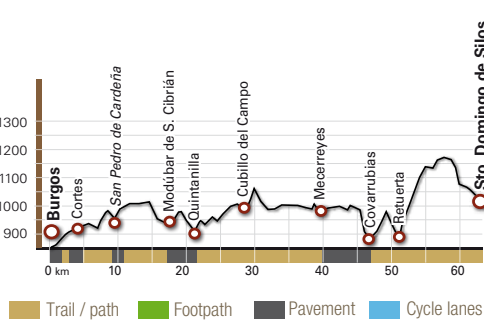
El Destierro 2

MTB route guide Camino del Cid

Burgos - Santo Domingo de Silos

Edition 2020

UTM Coordinates



Following Burgos' urban landscape, there come cereal fields that mix with groups of holm oaks and oaks. Little by little, the spirit of The Way of El Cid takes control of cyclists, who will enjoy the ride along paths in good condition and on which it is possible to travel easily. The sole part of the section (Retuerta - Santo Domingo de Silos) which may pose a challenge of strength and test pedal skills is the last one, though MTB lovers will take pleasure in this magnificent natural environment.

BURGOS
(population: 170.441)

- 🏠
- 🚗
- 🚶
- 🛠
- 🚚
- +

Cortes
(population: 866)

- +

Monasterio de San Pedro de Cardena
(population: 15)

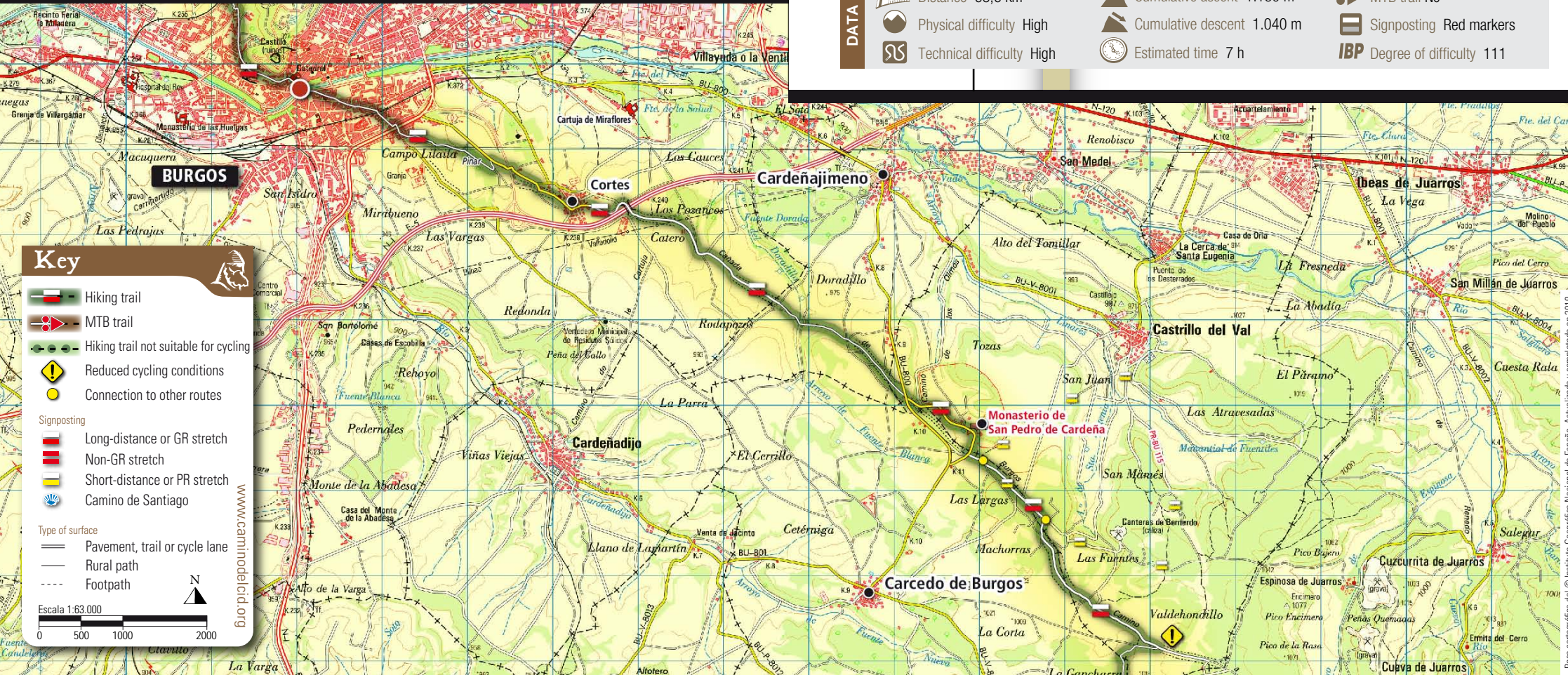
- 🏠



Start at **Burgos cathedral**, cross the *river Arlanzón* towards *Calle Santa Clara* and ride along this street until *Bulevar del Ferrocarril*. Continue along *Calle Carcedo* riding through a footbridge over the highway. Leave the city behind and ride along *Calle Pisuerga*, where urban landscape immediately turns into cereal (km 1.7). A rural road leads cyclists to a pine grove (km 2.3), where there is an informative board of The Way. Cross through the pine grove until reaching a small road to the left (*a path leading to Cortes*). Cross a small tunnel that goes under a road (km 3) until reaching a new residential area in the area surrounding **Cortes** (km 3.7) and ride towards the town centre.

Leave the town riding along *Calle Real de San Pedro Cardena* until reaching a new residential area where construction work is being carried out (road closed for roadwork). **Pay attention and make sure you ride along a paved path on the other side of the residential area** (*Cañada Real, royal drove road*). Cross through a *highway overpass crossing over A-1* (km 4.7). Leave behind a series of farming units, after which the path turns into a soil path (km 5.3). The path runs along the old royal drove road to the right of which there is a wind farm. Continue until reaching *road BU-800* (km 9) and at a crossroads turn into a small signposted road, which leads to a monastery (km 9.8).

DATA	Value	Value	Value
Distance	63,6 km	Cumulative ascent	1.150 m
Physical difficulty	High	Cumulative descent	1.040 m
Technical difficulty	High	Estimated time	7 h
		MTB trail No	
		Signposting	Red markers
		IBP	Degree of difficulty 111



Key

- Hiking trail (Red line)
- MTB trail (Red line with bicycle icon)
- Hiking trail not suitable for cycling (Red line with exclamation mark)
- Reduced cycling conditions (Yellow triangle)
- Connection to other routes (Yellow circle)

Signposting

- Long-distance or GR stretch (Red line)
- Non-GR stretch (Red line with dashed border)
- Short-distance or PR stretch (Yellow line)
- Camino de Santiago (Blue line)

Type of surface

- Pavement, trail or cycle lane (Solid line)
- Rural path (Dashed line)
- Footpath (Dotted line)

www.caminodelcid.org

Escala 1:63.000

0 500 1000 2000

El Destierro 2



MTB route guide Camino del Cid

Monasterio de San Pedro de Cardena

(population: 15) 





Modúbar de San Cibrián

(population: 64)  

Barrio de Quintanilla (Los Ausines)

(population: 110)  

Cubillo del Campo


(population: 88)  

Saying goodbye to Ximena




San Pedro de Cardena, which was founded by Benedictines in 899, is one of the foundational monasteries in Castile. According to El Cantar, this was the place, under the protection of the friars, where El Cid left his wife and daughters when he left into exile.

In San Pedro, travellers can visit the tomb of El Cid and Ximena, which the French blew up during the Spanish War of Independence. Additionally, they can see bullet holes in the statute of El Cid and get to know an important part of the history of Castile and learn about anecdotes and legends revolving around his life.

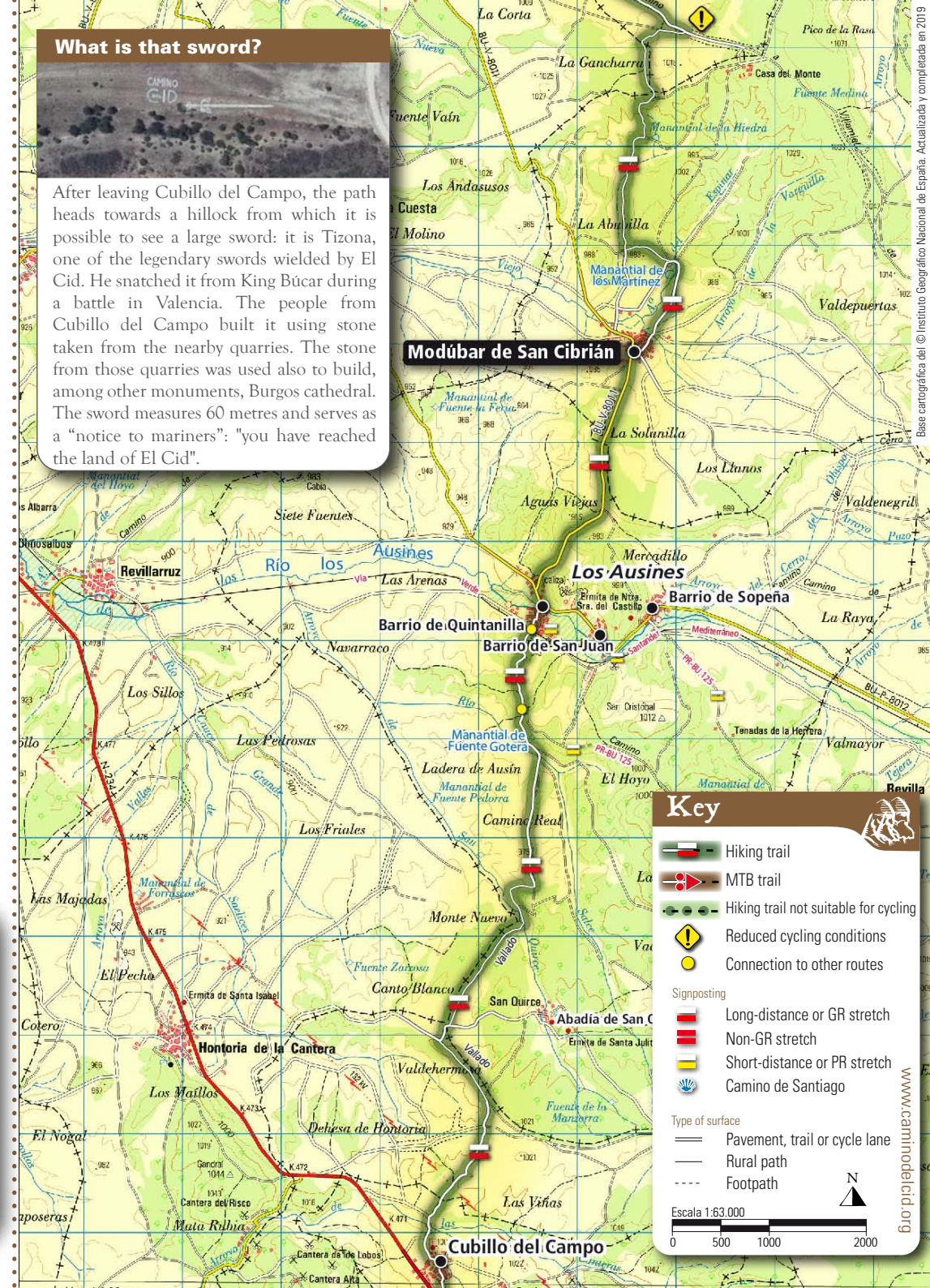
Continue riding along the road leading to the monastery and then alter the course of your route, turning left into a path whose surface is in good condition (km 10.2). It runs in between the *royal drove road* and path *PRC-BU 115*. At the crossroads (km 11.3), turn right (the short-distance path runs forward). Pay attention and leave the royal drove road by turning to the right (km 13.6) to a path whose surface is in worse condition and that goes along the edge of a large fenced field. At a crossroads (km 14.7), continue ahead along a path that descends  [caution] surrounded by oaks to *stream Pradillos* (km 15.7). Turn left (km 16.4) and after leaving behind the *natural spring Mártires* (km 17) you will reach **Modúbar** (km 17.8) through *Calle San Roque*.

The whole stretch runs along *road BU-V-8011* until reaching **Quintanilla neighbourhood**. This stretch of path poses no technical difficulty, but cyclists must ride carefully to the left of the path because of truck traffic from the quarries. Access **Quintanilla** through a nice stone bridge (km 21.1).

In the district of **Quintanilla**, take the country road from *Calle Tercio* that crosses the *Vía Verde* former railway line (km 21.4), running southwards in the proximity of *PRC-BU 125*. Ride briefly along it (km 22.3). After a slope cross *river Salce* (km 22.8), riding ahead towards *San Quirce abbey*. At a group of holm oaks (km 24.2), which is located next to the *abbey's watchtower*, turn right and ride along the path that skirts the estate, to the right of the fence. At the estate main's door (km 26.2) continue ahead 200 m more through the estate's access path. **Pay attention**  **and turn left into a path** (km 26.4) running through a stretch that runs next to a fence. At a crossroads (km 27.4), continue ahead along a narrow path leading, through *Calle Real*, to **Cubillo del Campo** (km 29).

What is that sword?

After leaving **Cubillo del Campo**, the path heads towards a hillock from which it is possible to see a large sword: it is *Tizona*, one of the legendary swords wielded by **El Cid**. He snatched it from **King Búcar** during a battle in **Valencia**. The people from **Cubillo del Campo** built it using stone taken from the nearby quarries. The stone from those quarries was used also to build, among other monuments, **Burgos cathedral**. The sword measures 60 metres and serves as a "notice to mariners": "you have reached the land of **El Cid**".



Key

- Hiking trail
- MTB trail
- Hiking trail not suitable for cycling
- Reduced cycling conditions
- Connection to other routes

Signposting

- Long-distance or GR stretch
- Non-GR stretch
- Short-distance or PR stretch
- Camino de Santiago

Type of surface

- Pavement, trail or cycle lane
- Rural path
- Footpath

Escala 1:63.000

0 500 1000 2000

A spectacular statue in Mecerreyes



El Cid statue in Mecerreyes is placed at the town's exit, in the road leading to Covarrubias. It is placed in the middle of the Camino Real to Valencia, which is currently road BU-901. The statue was built in 2008 by the people of the town themselves and it is the highest statue of El Cid, reaching 7 metres high: the base is 1 metre, the sculpture is 4.5 metres and the spear stretches 1.5 metres. Most travellers on The Way of El Cid stop at the town to take a picture.

6

www.caminodelcid.org Section

El Destierro 2

MTB route guide Camino del Cid

Leave **Cubillo del Campo** through *Calle Real*, riding along a path that leads to *road N-234* (km 29.5), where you should take care when crossing. Upon crossing, continue through a rural road that starts on the opposite side, heading towards the great Tizona placed on the hillside. At the top of the *hill Pico del Laisa* (km 30.3), there is a fork in the path. Take the path to the right, descending **⚠ [take care because this is a stony descent]** along a group of holm oaks that run along the edge of a fenced field. At the end of the descent, there is a path (km 31.9) to the left. Ride, during a long stretch of path, along this path following the fence. The path, which is the same than for *Camino de Santiago* (in the opposite direction), runs along plots of land where there are cliffs and which are affected by gully erosion and continues in the same direction until **Mecerreyes**. At **Mecerreyes**, access the town through *Calle Carredondo* (km 40).

Leave **Mecerreyes** through the *road leading to Covarrubias (BU-901)* and make sure that *Sierra de las Mambias* is to your left while you ride. You can turn off along the hiking route that runs along the slopes of the mountain range along country tracks (see map). Pass by *the statue of El Cid* (km 40.8) and continue riding carefully along the road (*the old route of the Camino Real, stretching from Burgos to Valencia*). Close to **Covarrubias**, at mid-descent, leave the road and turn to a path to the left (km 46), descending along an area of industrial units. The doors

Cubillo del Campo

(88 hab.)

km 29,1



Mecerreyes

(208 hab.)

km 40,1



Covarrubias

(521 hab.)

6,6 km

km 46,7



Key

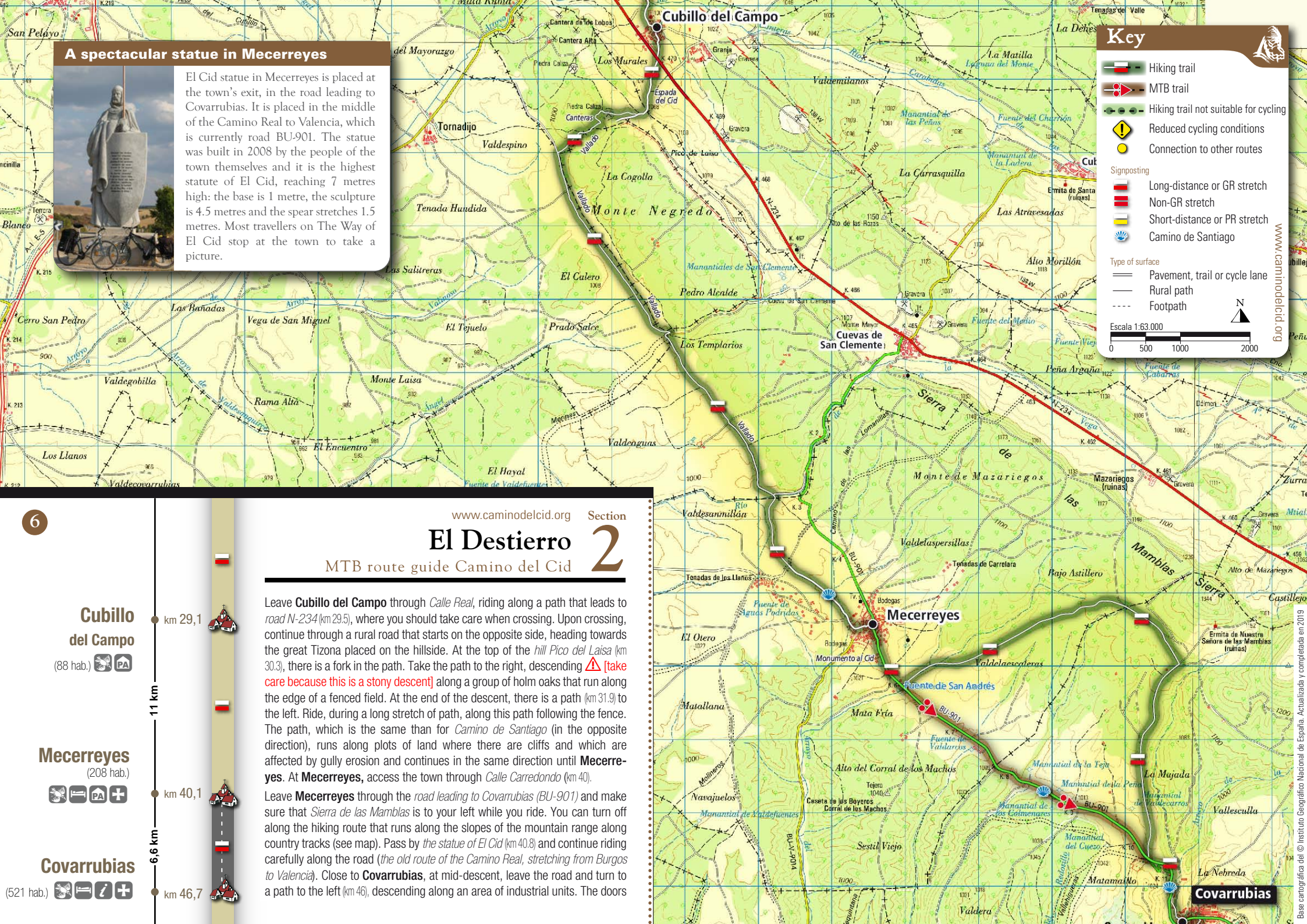
- Hiking trail
 - MTB trail
 - Hiking trail not suitable for cycling
 - Reduced cycling conditions
 - Connection to other routes
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- Long-distance or GR stretch
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 - Short-distance or PR stretch
 - Camino de Santiago

- Type of surface
- Pavement, trail or cycle lane
 - Rural path
 - Footpath

Escala 1:63.000



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El Destierro 2

MTB route guide Camino del Cid



7

Covarrubias

(population: 521)



km 46,7



4,4 km



Retuerta

(population: 58)



km 51,1



12,6 km



Santo Domingo de Silos

(population: 176)



km 63,7



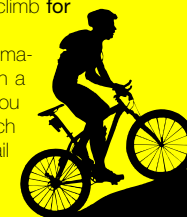
The juniper groves of Arlanza

The juniper groves that grow in the area surrounding Santo Domingo de Silos are among the best well-preserved juniper trees (*Juniperus thurifera*) in Europe. Some of the trees are 2,000 years old. These natural protected areas are of high ecological value and are a legacy of the survivors of other ages, when the weather in the area was very different.



CLIMBING STONE PATH

The stretch between Retuerta and Santo Domingo de Silos runs along a hard stony path. After the initial steep climb, which will probably make cyclists hop off their bikes and walk up the steepest part, the trail continues with a more gradual climb for over five kilometres. Consider your strength and estimated time. If you prefer to ride on a more comfortable surface, you may choose road BU-901, which runs along the cycle touring trail of The Way of El Cid.





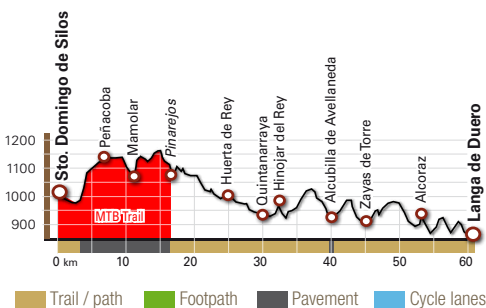
El Destierro 3

MTB route guide Camino del Cid

Sto. Domingo de Silos - Langa de Duero

Edition 2020

UYM Desamortios



Trail / path Footpath Pavement Cycle lanes

DATA

	Distance 61,4 km		Cumulative ascent 880 m		MTB trail Yes
	Physical difficulty Medium		Cumulative descent 990 m		Signposting Red markers
	Technical difficulty Low		Estimated time 5 h 05 m		IBP Degree of difficulty 64

After a well deserved rest in Silos, The Way continues with a transition section between the mountain ranges in Burgos and the moorlands in Soria. The first third of the section runs along quiet rural roads with very little traffic, which allows enjoying the landscape.

Starting at Huerta, the route passes through a farm roadway path, whose surface is in good condition and climbs slightly. Cyclists will be able to ride at their own speed, without distress.

Santo Domingo de Silos

(population: 176)



Km 0



7,1 km



Peñacoba

(population: 39)

(population: 39)

km 7,1



4 km



Mamolar

(population: 29)

(population: 29)

km 11,1



5,7 km



Pinarejos

(recreational area without services)

(recreational area without services)

km 16,8



Ride down *Calle de la Cadena*, which passes next to the *monastery's* entrance, and then cross *San Juan's arch*, where a **signposted MTB trail** starts. The hiking trail climbs the stairs that lead to *Virgen del Camino chapel*, but cyclists should turn to the path to the right.

▶▶ Start of a MTB stretch (16,8 km)

The path, which runs along the *meadow at river Mataviejas*, is in good condition. Immediately after passing by an old windmill the path leads to *road BU-910* (km 2.3). Turn left to continue along this road. After crossing the gorge tunnel of Yecla, turn to the left (km 3.6) and ride along the road, which leads directly to **Peñacoba**.

⚠ Ignore the signposts for **The Way of El Cid road route**, for they lead to **Caleruega** running along road BU-910.

Ride along the limits of **Peñacoba** through a road, which is to the north of the town and which connects, in the opposite direction, with the **hiking trail of The Way of El Cid** for 80 m (km 7.4). Ignore the signposts for the hiking trail and continue riding along a quiet road to **Mamolar**. The town is reached after a short descent (km 11.1).

Ride through the small town and reach *road BU-V-9216* (km 11.2), which you take turning left. As the road climbs, the landscape changes gradually, until it turns into a thick pine grove. After passing by a hill (km 14.8), the route descends agreeably. Pay attention so as to turn to a path to the right after around 2 km (head towards **Doña Santos**). The **chapel** and the leisure **area of Pinarejos** (km 16.8) are 100 m away from the diversion, where cyclists should join the **hiking trail of The Way of El Cid**.

Key

- Hiking trail
- MTB trail
- Hiking trail not suitable for cycling
- Reduced cycling conditions
- Connection to other routes
- Signposting**
- Long-distance or GR stretch
- Non-GR stretch
- Short-distance or PR stretch
- Camino de Santiago
- Type of surface**
- Pavement, trail or cycle lane
- Rural path
- Footpath

Escala 1:63.000
0 500 1000 2000

La Yecla gorge



The route passes by this spectacular canyon excavated by the river on the rock, creating thick-bedded limestone walls. A wide variety of cocks-of-the-rock, including vultures and Egyptian vultures, roost and nest in the canyon walls. After crossing the tunnel, turn left to access the gorge. It may be accessed through a hanging walkway over the pothole and waterfall. Access is easy (though you must leave your bike outside) and it takes less than 10 minutes to see.

THE MTB WAY OF EL CID

The hiking trail of **The Way of El Cid**, which stretches along Santo Domingo de Silos, Peñacoba and the leisure area of Pinarejos, runs along some difficult stretches for cyclists: steps, trails, challenging sandy or stony steep paths. That is the reason why a MTB signposted trail has been fixed, ensuring that cyclists can ride along an easier and more comfortable path.



El Destierro 3

MTB route guide Camino del Cid

Follow the signposts for the **hiking trail of The Way of El Cid** and ride off the road to **Doña Santos** by turning to a path to the left (km 16.8) that gets into a pine grove and runs along the *footpath PR-BU 75*. After a short climb along **▲ a non-defined stretch along which cycling is difficult**, you will reach a large plot of land enclosed by pines (km 17.5). The trail continues on its edge. After passing by the plot of land (km 18.1), the trail changes directions gradually (southwards). You will reach a path that runs along a cultivated land area (km 18.6), to the left of which there is a road cyclists must cross (km 19.2). The route, along which there are stretches of path mixing pine trees and cultivated land areas, leaves the PR footpath and then reaches the road to **Huerta**, which is next to the *leisure area of Las Navas* (km 21.8). Continue riding along the road to the right until reaching *road CL-111*, which is next to *Arandilla chapel* and a *forest house* (km 23.4). Continue riding along the road until **Huerta de Rey**.

Leave the town riding along *Calle de los Remedios* and continue along *road BU-V 9421*. After *San Roque chapel* (km 25.2), turn to the right (km 25.4) to a path that is flat and in good condition and that runs southwards along the meadow at the river. Continue riding along the main path, ignoring all left and right hand turns and estate accesses. You will reach a farm (km 30), after which the route changes directions towards the southeast. Cross a cross-wise path (km 30.6), which is on the outskirts of **Quintanarraya**, and access the town along *Calle Real*.

Leave the town riding along *Calle de la Fuente*, which leads to a path in the direction of the cemetery. Ignore the arrow (km 31.4), which points to a diversion to the *Roman site of Clunia*, and continue straight. The path crosses the *river Dor* through a bridge (km 31.5) and climbs slightly, leaving behind a winery and the cemetery, next to *San Roque chapel*. The façade of the building, painted in reference to The Way of El Cid, confirms that you are following the right route. Ride along a moor where there are several barren lots of land. There is a short descent towards the *river Espeja*, which you should cross through a bridge (km 33.3), placed at the entrance of **Hinojar del Rey**.

Leave the town riding along *Calle Dos de Mayo* and continue along a paved path. Upon passing by the football field (km 34), take a soil path to the right whose surface is in good condition. There are several left and right hand turns, but cyclists should ride straight along a small cultivated valley area that runs along the *path to Alcubilla*. The **province of Soria** (km 36.4) starts at this point, where farming landscape turns into a holm oak grove mixed with different types of juniper trees. The surface of the path gets worse and then there is a notice board announcing that a game reserve starts (km 36.8). Carry straight on, keeping the farmyards on your left (km 37.3) before coming to a steep climb up a rough track. At a crossroads, turn to the right (km 38.8). You will then reach the road (km 39.3), which is close to **Alcubilla**. Cross the road and ride along an old path that descends towards the threshing floor.

Pinarejos
(recreational area
without services)

km 16,8

7,8 km

km 24,6

6,5 km

km 31,1

2,5 km

km 33,6

5,9 km

km 39,5

Huerta de Rey
(population: 673)



Quintanarraya
(population: 126)

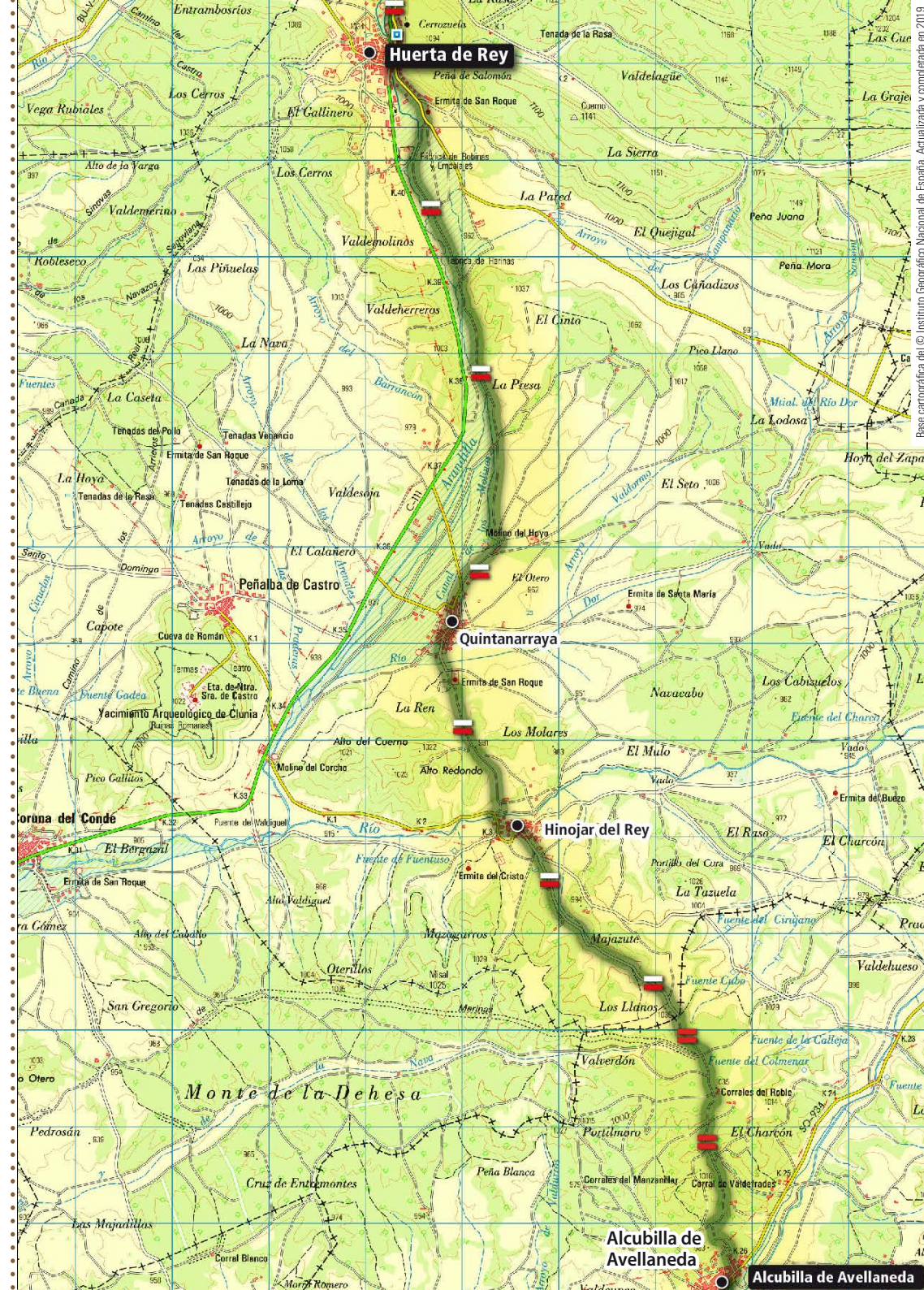


Hinojar del Rey
(population: 63)

Alcubilla de Avellaneda
(population: 80)





Burgos
+ + + + +
Soria



El Destierro 3

MTB route guide Camino del Cid

Alcubilla de Avellaneda

(population: 80)  

km 39,5 

7,5 km 

Zayas de Torre

(population: 46) 

km 47 

6,4 km 

Alcozar

(population: 36) 

km 53,4 

8 km 

Langa de Duero

(population: 537)   

km 61,4 

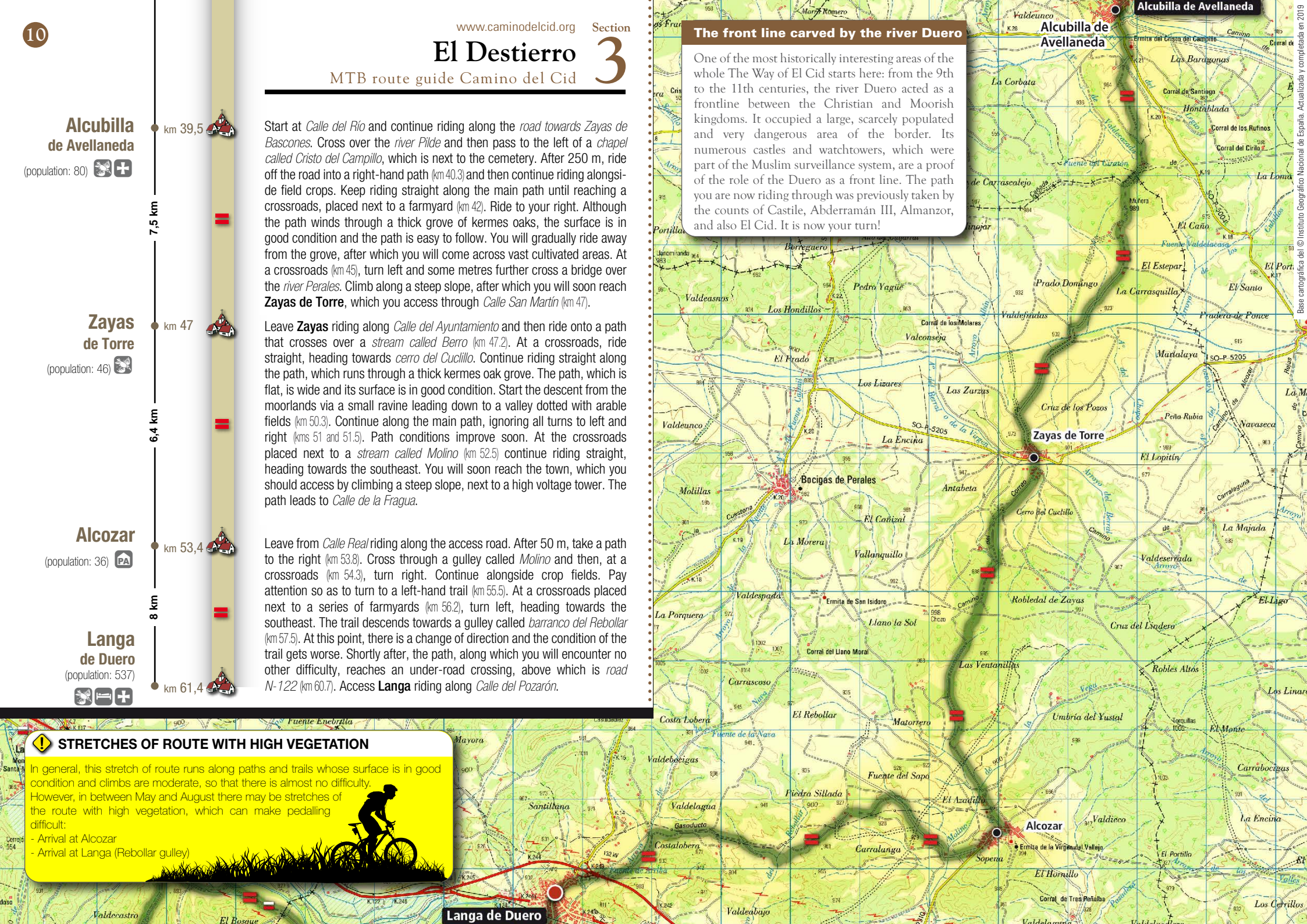
Start at *Calle del Río* and continue riding along the road towards *Zayas de Bascones*. Cross over the river *Pilde* and then pass to the left of a chapel called *Cristo del Campillo*, which is next to the cemetery. After 250 m, ride off the road into a right-hand path (km 40.3) and then continue riding alongside field crops. Keep riding straight along the main path until reaching a crossroads, placed next to a farmyard (km 42). Ride to your right. Although the path winds through a thick grove of kermes oaks, the surface is in good condition and the path is easy to follow. You will gradually ride away from the grove, after which you will come across vast cultivated areas. At a crossroads (km 45), turn left and some metres further cross a bridge over the river *Perales*. Climb along a steep slope, after which you will soon reach **Zayas de Torre**, which you access through *Calle San Martín* (km 47).

Leave **Zayas** riding along *Calle del Ayuntamiento* and then ride onto a path that crosses over a stream called *Berro* (km 47.2). At a crossroads, ride straight, heading towards *cerro del Cucillo*. Continue riding straight along the path, which runs through a thick kermes oak grove. The path, which is flat, is wide and its surface is in good condition. Start the descent from the moorlands via a small ravine leading down to a valley dotted with arable fields (km 50.3). Continue along the main path, ignoring all turns to left and right (kms 51 and 51.5). Path conditions improve soon. At the crossroads placed next to a stream called *Molino* (km 52.5) continue riding straight, heading towards the southeast. You will soon reach the town, which you should access by climbing a steep slope, next to a high voltage tower. The path leads to *Calle de la Fragua*.

Leave from *Calle Real* riding along the access road. After 50 m, take a path to the right (km 53.8). Cross through a gully called *Molino* and then, at a crossroads (km 54.3), turn right. Continue alongside crop fields. Pay attention so as to turn to a left-hand trail (km 55.5). At a crossroads placed next to a series of farmyards (km 56.2), turn left, heading towards the southeast. The trail descends towards a gully called *barranco del Rebollar* (km 57.5). At this point, there is a change of direction and the condition of the trail gets worse. Shortly after, the path, along which you will encounter no other difficulty, reaches an under-road crossing, above which is road *N-122* (km 60.7). Access **Langa** riding along *Calle del Pozarón*.

The front line carved by the river Duero

One of the most historically interesting areas of the whole The Way of El Cid starts here: from the 9th to the 11th centuries, the river Duero acted as a frontline between the Christian and Moorish kingdoms. It occupied a large, scarcely populated and very dangerous area of the border. Its numerous castles and watchtowers, which were part of the Muslim surveillance system, are a proof of the role of the Duero as a front line. The path you are now riding through was previously taken by the counts of Castile, Abderramán III, Almanzor, and also El Cid. It is now your turn!



STRETCHES OF ROUTE WITH HIGH VEGETATION

In general, this stretch of route runs along paths and trails whose surface is in good condition and climbs are moderate, so that there is almost no difficulty. However, in between May and August there may be stretches of the route with high vegetation, which can make pedalling difficult:

- Arrival at Alcozar
- Arrival at Langa (Rebollar gully)





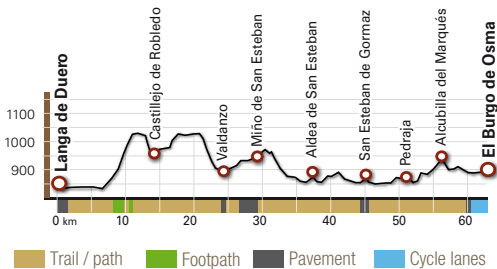
El Destierro 4

MTB route guide Camino del Cid

Langa de Duero - El Burgo de Osma

Edition 2020

UYM Distribution

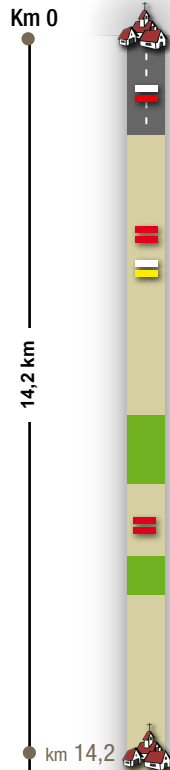


This comprehensive cycling section starts with a tough climbing section to the limestone moorlands in Castillejo, a stretch that will cause difficulty to the great majority of cyclists. The reward: surprising landscapes and a hidden chapel containing cave art. Back on the route along the Duero valley, the path is more comfortable, with little occasion for distress. Cyclists thus will be able to enjoy and to take their time in some of the towns along the route, as for example San Esteban de Gormaz.

DATA

Distance 63,4 km	Cumulative ascent 600 m	MTB trail No
Physical difficulty Medium	Cumulative descent 530 m	Signposting Red markers
Technical difficulty Medium	Estimated time 6 h 30 m	IBP Degree of difficulty 46

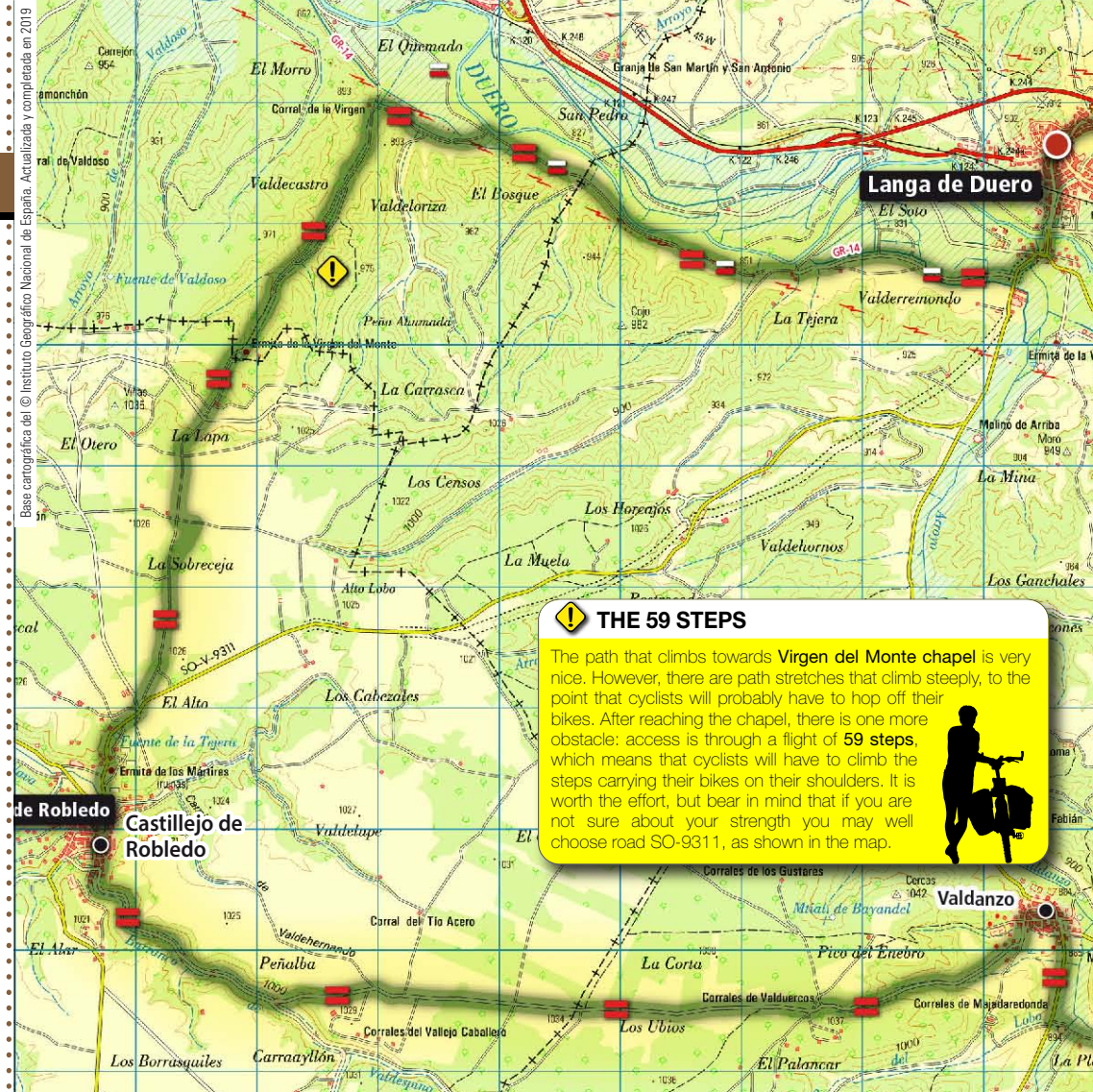
Langa de Duero
(population: 537)



Start at the Town Hall and ride towards the *medieval bridge* over the *river Duero* (km 0.7). There is an informative chart for the *GR-14 trail* (*Camino Natural del Duero, Nature Trail along the river Duero*), indicating that part of the cycling route of The Way of El Cid coincides with this route. Cross the bridge and continue riding along the *road to Castillejo de Robledo*. Pay attention so as to turn to a path to the right (km 1.2) which runs along a stream. The path is easy to follow: it runs westward along the meadow at the *river Duero*. Ignore a left hand turn (km 3.3) and follow the *GR* buoys and markers. The path runs along a large cultivated plain in between the riverbank and the scrubland. At a crossroads (km 6), ride off the *GR* trail and turn to the left, following the arrow. At a bend on the path, you reach a small meadow located next to a forest (km 7.1), where you must divert towards the southeast. Turn to a climbing trail to the sides of which there are pines, junipers and holm oaks. It runs on the left side of a small gully (*vallejo de la Virgen*) and it coincides with the *PR-SO 62* route. As the trail climbs, the surface gets gradually worse, to the point that it turns into a footpath before reaching the remains of the *Virgen del Monte chapel*, which contains cave art (km 9.5). Continue along a stretch that is fitted with **▲ a staircase made of 59 steps, which cyclists will have to climb carrying their bikes on their shoulders**. Continue on a path that leads to a large vineyard (km 10.1). Ride straight, cross a crosswise path and then start climbing along a 150 m-path that leads to impressive cultivated moorland where there are some juniper and holm oak trees (km 10.6). At this point, cross a path and ride straight along a footpath that borders along the edge of fields; **▲ pay attention to the signposting, for the trace of the route is not self-evident**. Turn left to another path (km 11.1) and 150 m later turn to the right, riding towards the southeast once again. The path comes out to the road (km 13). Turn right and descend along this road until the entrance to **Castillejo**, which is next to *Mártires chapel* and the winery (km 13.5).

Castillejo de Robledo

(population: 109)

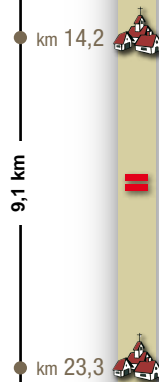


THE 59 STEPS

The path that climbs towards *Virgen del Monte chapel* is very nice. However, there are path stretches that climb steeply, to the point that cyclists will probably have to hop off their bikes. After reaching the chapel, there is one more obstacle: access is through a flight of **59 steps**, which means that cyclists will have to climb the steps carrying their bikes on their shoulders. It is worth the effort, but bear in mind that if you are not sure about your strength you may well choose road SO-9311, as shown in the map.

Castillejo de Robledo

(population: 109)



Valdanzo



(population: 34)

Leave the town through *Calle de la Iglesia*. The arrow at the town's exit (km 14.6) points towards a path in good condition that runs parallel to the *PR-SO 63 trail*, which passes by the flat bottom of *Valdespino gully* and small cultivated fields. At a crossroads (km 16.5), there is a signpost indicating that the route runs along the path to the left, which soon moves away from the gully and climbs some metres towards an immense moorland (km 17.4). The *PR-SO 63 trail* diverts to the right towards the *farmyard in Vallejo Caballero*. Cyclists, however, should continue along a never-ending straight line through the same path, which meets with side paths. The beautiful natural landscape mixes cereal fields with junipers. At the crossroads next to the *farmyard in Valdecuercos* (km 21) continue riding eastwards and descend along the borders of a small gorge. The path ends at **Valdanzo**, which should be accessed through *Calle Real*.

El Destierro 4

MTB route guide Camino del Cid

Valdanzo



(population: 34)  

km 23,3 

5,8 km

km 29,1 

Miño de San Esteban

(population: 48)  

9,7 km

Ride along *Calle Real* to reach the road. Continue to the right until reaching a crossroads, which is next to an original winery building and not far away from the town (km 23.5). Ride southwards along road SO-9314 heading to **Valdanzuelo**, but pay attention so as to turn left to a path (km 24.2). Pass by the ruins of an old windmill and continue straight at the crossroads (km 24.4). The path runs towards the southeast along fields cultivated in a straight line, **though the outlines of the route may get blurred in spring due to high vegetation**. After reaching *Pozos stream* (km 25.9), start descending slightly along a series of mounds bare of vegetation until running into another crossroads (km 26). Turn to the left and descend along a small cultivated hollow under the protection of *stream Laguna*. Pass by a black poplar grove and continue until coming out to the nearby road (km 26.4), which starts at **Valdanzo** and connects with **Miño de San Esteban**, running parallel to the river bed. Join the road riding in the right direction (eastwards) and continue until **Miño** (km 29).

Leave the town riding along *Calle Burgo de Osma*. A directional arrow placed next to the fountain indicates the route. It runs along the path to *Soto de San Esteban*, to the sides of which there are numerous farming constructions. The path, which is made of compacted soil, is in good condition. Ignore two right hand turns (kms 29.5 and 29.8), riding straight along the main path. Several side paths join the main path, but cyclists should continue descending towards the northeast. At this point you reach a small black poplar grove, which is next to *Pozos stream* (km 33.7) **high vegetation**.

Aldea de San Esteban

(population: 13)

km 38,8 

6,2 km

San Esteban de Gormaz

(population: 2.419)

km 45 

The path runs parallel to the stream until reaching a larger black poplar grove (km 34.7), where cyclists should turn to the left and cross to the other side of the stream. Once at the crossroads (km 35.9), **Soto de San Esteban** is only 1 km apart from the main path. However, turn 90° to the right and continue riding along a path to the left of which there are several farm industrial units and a group of winery buildings. Keep riding towards the southeast and little by little you will come close to **Aldea de San Esteban**. At this point you will reach the road from **Miño** (km 38.5), cross the *river Pedro* and access the town riding through *Calle Real*.

Ride all through the town, pedalling along *Calle Real* and then continue on a soil path. Take the first turn to your right (km 39.1) and continue until coming out to the road. Pay attention while you ride on road N-110 (km 39.6). At this point, cross and ride straight. Ignore a turn to the left (km 39.8) and continue along the main path. At a crossroads (km 41.1), a new path joins the main path (*Cañada Real Soriana Occidental*). Continue along the path that crosses *Inés channel* (km 42.9). In an area next to a building (km 43.4), turn right to a path leading to **San Esteban de Gormaz**, which passes by small fields. At this point, come out to the main road (km 44.4). Ride on this road, passing to the right of *San Roque chapel*. Cross the river *Duero* through the *stone bridge* (km 44.8) and head towards *Puerta de Castilla* so as to access *Plaza Mayor*.



El Destierro 4

MTB route guide Camino del Cid

San Esteban de Gormaz

(population: 2.419)



km 45



7,4 km



Pedraja de San Esteban

(population: 13)

2,6 km



Start at the information point, which is at the beginning of *Calle Mayor*. Then cross *Avenida de Valladolid* so as to ride along *Calle Isaac García Alonso*, which leads to a spot called *La Rambla*. Continue riding along a pleasant well-fitted path that runs along the bank of the river Duero (*Camino Natural GR-14*). Before coming out to a road (km 47.6), take a path to the right that runs parallel to the river. The path turns into a trail and reaches a crossroads. Turn left, leaving the GR trail (km 48.5). You will soon reach a windmill called *Molino de los Ojos* (km 48.8). Continue on a path that runs between scrubland and meadow, parallel to a stream. A path to the right joins the main path. Continue along the GR trail (km 50.3), riding straight until reaching a road (km 51.6) to the right, which leads to **Pedraja de San Esteban**.

Cross through the town riding along the main street and take a path heading northwards, passing by the exit road that is to the right. Ride forward some metres until reaching a crossroads and then turn to the left and continue until running into a small black poplar grove (km 52.8). Turn to

Alcubilla del Marqués

(population: 27)



2,6 km



km 55



8,4 km

El Burgo de Osma

(population: 3.502)



km 63,4



the right so as to take the path that climbs towards the *dismantled train line Valladolid - Ariza* (km 52.9), where you should turn to the right again. After passing by the old winery, continue straight climbing a hillock. The path runs in between cereal fields and barren hillocks. At this point, you reach *Madre stream* (km 53.8), where **high vegetation may impede pedalling and may even cause us to lose our way**. Pay attention and remember that the path runs parallel to the stream until reaching **Alcubilla del Marqués**, which is next to a small football field.

Ride out of the town pedalling along *Calle la Poza*, which continues southwards on a soil path in good condition. At a crossroads (km 55.7), turn left and join the *GR-14 trail*. The path, which runs along large cereal fields, is in good condition. It comes out to a road (km 60.1), which cyclists should take by turning to the right and riding along it until coming out to the *road from El Burgo to La Rasa* (km 60.3). Turn left and ride until reaching the *bridge over the river Ucero* (km 60.7), which connects with the *road to Gormaz*. Cross the river and turn, so as to ride on the pedestrian walkway which runs parallel to the river until **El Burgo de Osma**. Some metres further, you may divert to visit **Osma** by crossing through the bridge over the river (km 62.1). In order to reach the town next to **El Burgo de Osma**, ride along the *river Ucero promenade*, which is not far away from a group of country houses (km 62.5) and leads to the **Cathedral**.





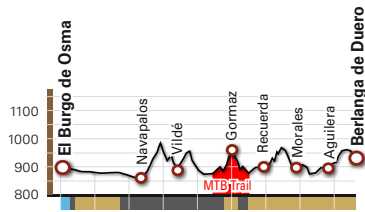
El Destierro 5

MTB route guide Camino del Cid

El Burgo de Osma - Berlanga de Duero

Edition 2020

UTM Coordinates



Trail / path Footpath Pavement Cycle lanes

DATA

- Distance 42,8 km
- Physical difficulty Low
- Technical difficulty Low
- Cumulative ascent 540 m
- Cumulative descent 540 m
- Estimated time 4 h 05 m
- MTB trail Yes
- Signposting Red markers
- IBP Degree of difficulty 60

After a must stop at El Burgo de Osma, there comes a half-way point section. Section 5 runs, over more than a third of its length, along quiet roads. The route, whose views are ruled by the castle of Gormaz, is highly influenced by the river Duero, offering travellers a unique view of the immense orchards in La Rasa, magnificent medieval bridges, beautiful Romanesque churches and gigantic junipers watered by the river.

El Burgo de Osma

(population: 3.502)



Km 0



11,9 km



Navapalos

(population: 2)

(population: 2)

5,3 km



Vildé

(population: 54)

(population: 54)

17,2 km



7,6 km



Gormaz

(population: 21)

(population: 21)

24,8 km



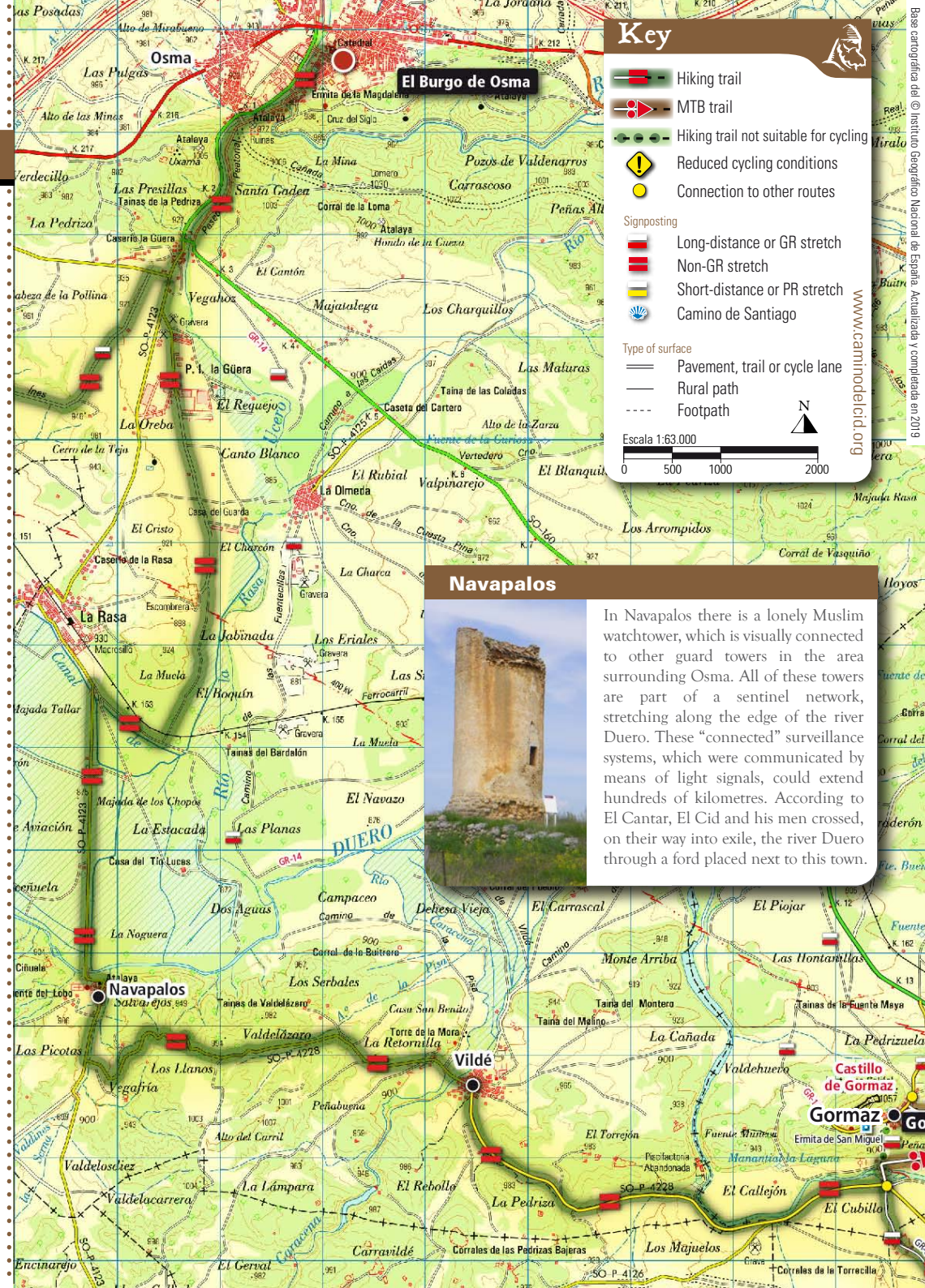
Start at *Plaza de la Catedral* and ride along *Calle Palafox* until reaching the pedestrian walkway that runs parallel to the river. Go back to the bridge placed on the road to *Gormaz* (km 2.6), cross it and then turn left. Continue on the road to **La Rasa** and then turn to the left, riding through the industrial unit in *La Güera* (km 3.4). Ride all through the industrial unit, pedalling on the main street that turns into a path in good condition. Pay attention so as to turn left to a path, whose surface is in worse condition (km 6.1). Note that **⚠ this is a sandy path (pedalling is uneasy)**. Cross the old train lines and then turn right (km 7.7). When coming out to the road, turn left (km 8.7) and continue on this road until reaching the bridge that crosses over the river Duero. After crossing through the bridge (km 11.5), turn to a road to the left that leads to **Navapalos**.

Continue along the same road and then join the local road that comes from **La Rasa**, which you left so as to visit **Navapalos** (km 12.1). Some metres further, ride off the road and turn to the left (km 12.5), so as to take the road to **Vildé**. The road climbs gradually amidst barren fields and dusty scrubland. Continue riding along this road and then descend to the town, **Vildé** (km 17.1).

Continue riding along the road to **Gormaz**. After a short ascent, the road descends to the bank of the river Duero (km 20.1). A road to the right joins the main road (km 21). Cyclists, however, must remain riding parallel to the river until reaching a crossroads, placed next to the bridge over the river Duero (km 22.1). At this point a **MTB trail** stretch starts, for the hiking route of The Way climbs up along a non-cycling path.

▶▶ Start of a MTB stretch (4.8 km all round trail)

Continue riding along the old road until reaching road *SO-160* (km 26.1). Turn to your left and, after 100 m, ride off the paved surface so as to turn left to a path in good condition that coincides with *GR-14* trail (*Camino Natural del Duero*) and climbs smoothly to **Gormaz**.



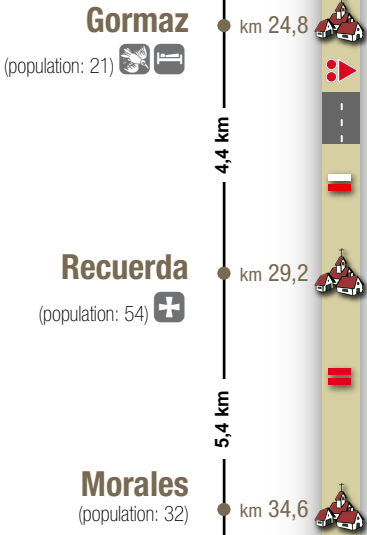
Navapalos



In Navapalos there is a lonely Muslim watchtower, which is visually connected to other guard towers in the area surrounding Osma. All of these towers are part of a sentinel network, stretching along the edge of the river Duero. These “connected” surveillance systems, which were communicated by means of light signals, could extend hundreds of kilometres. According to El Cantar, El Cid and his men crossed, on their way into exile, the river Duero through a ford placed next to this town.

El Destierro 5

MTB route guide Camino del Cid



Return, following the path in the opposite direction, to the bridge over the river Duero (km 27.3). At this point, which is where this **MBT stretch** started, join again the **hiking trail of The Way of El Cid**.

Cross again through the bridge over the river Duero and, once on the road (km 27.5), continue along a rural road, which starts in front of you. It coincides with the *GR-86* trail and runs southwards. The route is easy to follow and you will soon reach the town of **Recuerda**, which you will access through the *path to Vildé* (km 29.1).

Starting from the church, ride eastwards along a paved path on the other side of the road (towards a curious *winery building*). After 600 m, ride off the paved path and continue straight on a soil path, whose surface is in good condition (km 30). In a curve at a crossroads (km 30.5), turn left to a path that descends smoothly. Little by little, you run into scrubland-dominated landscapes, where numerous junipers and thorny brooms grow. The climb ends at a crossroads, at which cyclists should continue straight (km 32.1). The path soon leaves the scrubland behind and continues easily amidst fields until reaching **Morales**, which is accessed through *Calle de Brias* (km 34.5).

Morales
(population: 32)

km 34,6

Aguilera

(population: 16)

km 39,6

Berlanga de Duero

(population: 745)

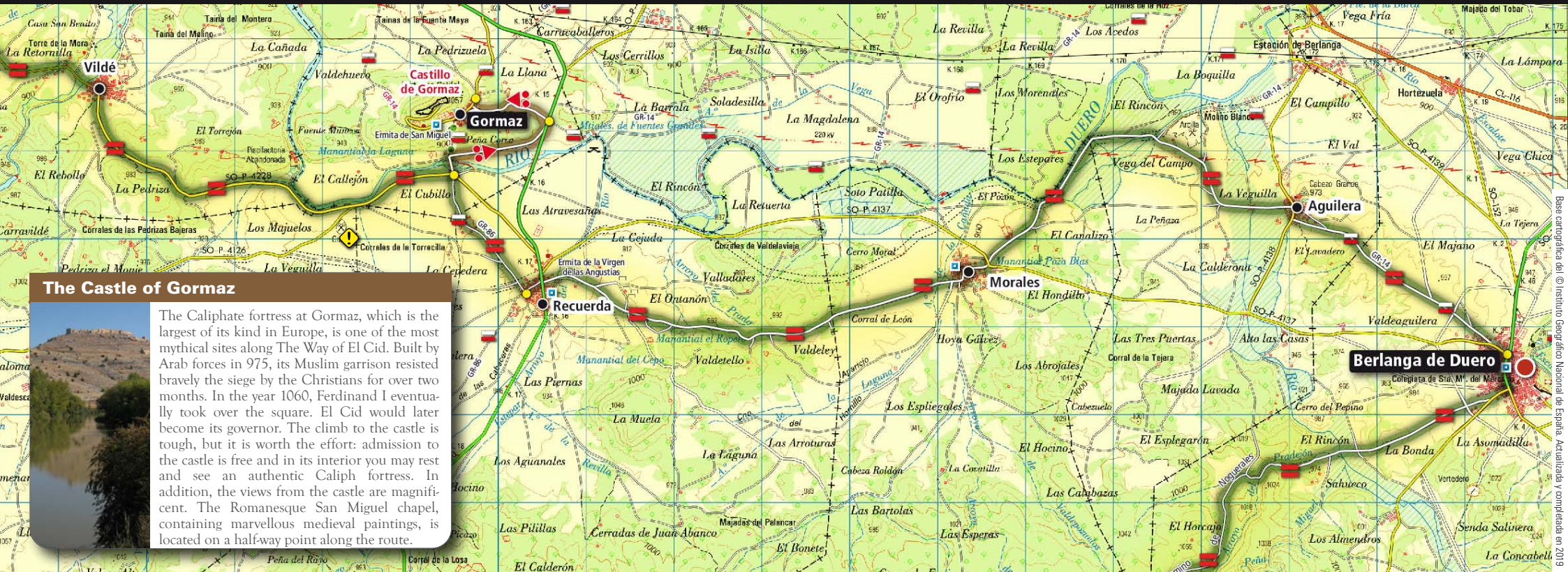
km 42,8



Leave from **Morales** riding along *Calle de la Fuente* until reaching a crossroads at the town's entrance (km 34.9). Continue riding some metres further along the road to **Recuerda** and then turn to the right to a path (leading to the windmill) in good condition. After a short descent, you reach the bank of the *river Duero* (km 36), where spectacular large-sized juniper trees grow. The trail runs parallel to the river until reaching a bent in the path, where it continues eastwards. Although there is a left hand turn, continue straight (km 37.6). At a large crossroads (km 38.7), turn left, riding eastwards towards the town, which is visible at the distance.

Leave the town riding along the road heading to **Berlanga** and then turn left to a path in good condition (km 39.7). The route, which runs along a long straight line amidst cereal fields, is very easy to follow, for cyclists should ignore all turns (kms 41.6 and 41.9) until arriving at **Berlanga**.

The castle of Berlanga ▶



The Castle of Gormaz

The Caliphate fortress at Gormaz, which is the largest of its kind in Europe, is one of the most mythical sites along The Way of El Cid. Built by Arab forces in 975, its Muslim garrison resisted bravely the siege by the Christians for over two months. In the year 1060, Ferdinand I eventually took over the square. El Cid would later become its governor. The climb to the castle is tough, but it is worth the effort: admission to the castle is free and in its interior you may rest and see an authentic Caliph fortress. In addition, the views from the castle are magnificent. The Romanesque San Miguel chapel, containing marvellous medieval paintings, is located on a half-way point along the route.



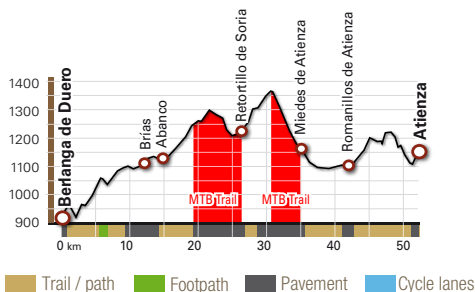
El Destierro 6

MTB route guide Camino del Cid

Berlanga de Duero - Atienza

Edition 2020

UTM Coordinates



Trail / path Footpath Pavement Cycle lanes

DATA

Distance 52 km	Cumulative ascent 925 m	MTB trail Yes
Physical difficulty Medium	Cumulative descent 680 m	Signposting Red markers and GR
Technical difficulty Medium	Estimated time 6 h	IBP Degree of difficulty 81

Berlanga de Duero

(population: 745)



Km 0

12,5 km

12,5 km

Briás

(population: 17)

km 12,5

2,1 km

Abanco

(population: 1)

km 14,6

12 km

Start the section riding along the *main road* and head towards *road SO-P-4132*, leading to **Retortillo**. You will soon turn to a path to the right (km 0.4), whose surface is in good condition. Ignore two crossroads (kms 0.7 and 2) and continue straight towards the southeast. The path crosses over the *river Talegones* through a bridge (km 2.3) and continues straight, with no diversion, running into the nice *canyon of the gully Pradejón*. At this point, which coincides with a large cultivated field (km 3.5), turn left to an old trail that runs amidst vegetation and goes deep into a pine grove. Cyclists should pay attention so as to turn to a path to the right that climbs amidst holm oaks and junipers (km 5.4). **△ Riding along the initial section of this path is difficult which is why cyclists will probably have to hop off their bikes and push their bikes.** The surface of the path gets better little by little, making pedalling easier. Turn to the left to reach a trail (km 6.6) that runs along the bottom of a small valley, where juniper and pine trees grow. The trail crosses through a field and goes out of the valley (km 8.3), after which it runs along a path that passes by cultivated fields, until coming out to the road (km 9.5). Continue riding along the pavement until reaching **Briás**, which you access through *Calle Real* (km 12.3).

Cross through **Briás** riding along *Calle Real* and then continue the route riding on the road to **Abanco**, which is to the south of the town. The itinerary to **Abanco** (km 14.4) runs in its totality along a local road.

The route starts at **Abanco** church, which is next to a fountain (km 14.7). Continue southwards along a farming route in good condition and which runs very straight. Immediately after departing from the town, there is a crossroads (km 14.8), at which cyclists should ride straight. *Trail GR-86* joins the path at another crossroads (km 15.9), though cyclists should again continue straight, without changing directions. The path is comfortable and pleasant because the surface is in good condition and it is, therefore, possible to cycle at a good pace.

Section 6, which is the final stretch of this segment, runs along some of the loneliest landscapes of The Way of El Cid. Most cyclists will find the initial stretch rather uncomfortable as well as technically challenging. The section also includes stretches on quiet MTB signposted paved roads, which avoid difficult paths. The descent to Miedes offers cyclists spectacular views of the mountain range and the majestic outline of Atienza castle, which becomes gradually visible and is the final stop of the section.



Key

- Hiking trail
 - MTB trail
 - Hiking trail not suitable for cycling
 - Reduced cycling conditions
 - Connection to other routes
- Signposting
- Long-distance or GR stretch
 - Non-GR stretch
 - Short-distance or PR stretch
 - Camino de Santiago
- Type of surface
- Pavement, trail or cycle lane
 - Rural path
 - Footpath
- Escala 1:63.000
- 0 500 1000 2000
- www.caminodelcid.org

El Destierro 6

MTB route guide Camino del Cid

Coinciding with the municipal limits (km 17), the path gets worse and climbs along a cultivated valley area until reaching road SO-132 (km 19.1). At this point, divert from the hiking trail of The Way of El Cid and from the GR-86 trail so as to continue along a signposted MBT trail.

▶ Start of a MTB stretch (7,3 km)

Take the SO-132 road situated on your right-hand side, passing by the signposts for the hiking trail of The Way of El Cid. You will soon pass by a turn to Torrevicente (km 19.5), though you should continue along a steep climb until reaching a crossroads. Road SO-160 (km 22.3), which is at the level of Mojón de la Lastra, crosses. Turn to the left and descend easily until reaching Retortillo de Soria, where cyclists shall see again the signposts for the hiking trail of The Way of El Cid (km 26.4).

Start from Arco de Oriente (Puerta Alta) (km 26.8), riding southwards along a street that moves away from the town. Pass by several farming buildings and descend along the meadow at the stream Retortillo, where the street turns into a pleasant path running alongside the riverbank. You will soon reach a crossroads, at which you should turn to the left (km 27.5). A short but taxing climb will bring you to the SO-160 road (km 28.1). Turn right to the road, which climbs gradually heading to the southeast and leaves the province of Soria, moving into Guadalajara. At the highest point (km 30.7), there is a sign indicating that the cycling route departs from the hiking trail of The Way of El Cid, running on a path that leads into the mountain

▶ Start of a MTB stretch (4,2 km)

The MBT trail descends dizzily along road CM-1005 until reaching Miedes de Atienza (km 34.9), where it joins once again the hiking trail of The Way of El Cid. Note that the trail runs along a 200-metre descent for around 4 km with no hard shoulder and pronounced curves.

⚠ Take extra care and slow down.

12 km

km 26,6

8,4 km

km 35

Retortillo de Soria

(population: 94) 🏠 +

Soria
+ + + + +
Guadalajara

Miedes de Atienza

(population: 60) 🏠 +

Los Altos de Barahona



Los Altos de Barahona is a group of large moorlands, extending alongside the central hollow of the river Duero and the southern fork of the mountains of the Sistema Ibérico. These moorlands account for a uniform landscape made of limestone ground on a stony base, where brush and pasture grow. Trees are scarce, to the point that only patches of barely visible holm oaks can be seen far away in the horizon. This steppe area is part of Natura 2000, for it is the home not only of many types of birds of prey but also of dupont's larks and little bustards.

Over the centuries, the type of land and severe weather conditions has limited the type of human activity carried out in the area. Human traces are visible in the terraces, stone heaps and walls as well as taina buildings (a typical farmyard built in the area), which can be found around the area.



El Destierro 6

MTB route guide Camino del Cid

Miedes de Atienza

(population: 60)



km 35



7,3 km



Romanillos de Atienza

(population: 42)



km 42,3



9,7 km



Atienza

(population: 410)



km 52



Leave from the town's square, which is next to the fountain. Cross through the town riding along *Calle Bariguera* (km 35.4). Then cross *the road to Bañuelos* and continue eastwards, along a path which is on the other side. Ride on the main path, which passes by numerous farming fields and runs along a large plain, ignoring several turns (kms 35.9 and 37.8). At a crossroads, the path turns noticeably to the left (km 38.2) and crosses over a small stream called *Respenda* (km 38.5). Note that the trace of the path may become almost invisible due to ploughing in the surrounding fields. Continue towards the northeast and after crossing over *the stream Polmediana* (km 40) turn to the right at a crossroads (km 40.3). After a curve to the right, the path comes out to the road (km 41.7). Turn right until reaching **Romanillos** (km 42.1), which is not far away.

Head towards *Atienza* riding along *the road*, until reaching the area surrounding *Soledad* (km 42.6), where a path to the right starts (*drover's road*). The path is easy: ignore several left and right hand turns (kms 43.8, 44.2 and 44.4), riding always southwards. Initially, the path runs along the edge of a pine grove (km 44.7), though it eventually gets into the forest. **△ Depending on the time of the year, the surface, which is sandy, may make pedalling difficult and thus force cyclists to slow down their pace.** The path crosses through the pine grove and runs along the *drover's road*. You shall encounter numerous crosses and turns, though you should continue straight, without changing directions (southwards). Ride out of the pine grove (km 48.7) and start a short descent until reaching *the road to Atienza* (km 50). Continue riding some metres further along this road and turn right to a descending path (km 50.1). At this point, you reach *Virgen del Val chapel* (km 51.2), after which you should follow along a path in cement. You shall soon reach the low part of **Atienza** (km 51.5), where there are *wall* remains, which are close to *San Bartolomé church*.

Atienza view from the Camino del Cid ▼



Riding along Sierra de Miedes

According to El Cantar, El Cid and his knights left Castile on the ninth day, when they descended over the night along Sierra de Miedes so as to go unnoticed to the Muslim sentries. The journey finishes at Atienza, which El Cantar de mio Cid describes as "a very strong rock". It was an important Muslim military base until the 12th century. It was here that Almanzor was almost killed. Nowadays it is an awesome pleasant calm village, where it is possible to see the largest amount of Romanesque art of all The Way of El Cid.

